



# St Edward's Catholic Junior School

## Physical Education Action Plan – 2022 to 2023

Total Funding 2022-2023 (April 2022-March 2023)	£18560
Total Number of Pupils On Roll	253

Target Fully Achieved	This highlights impact on staff and pupils
Target Partly Achieved	Consider how the can be developed for next academic year
Target Not Achieved	Consider how to improve or amend target for next academic year

Objective (What do we want to achieve) Key Indicators are in green and are the key objectives	Actions & Responsibility (How will we achieve it & Who will be involved)	Success Criteria (How do we know we have achieved it)	Resources (What do we need to achieve it)	Cost (How much money do we need to achieve this)	Evidence of Impact & Sustainability
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**Key indicator 1:** The engagement of all pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school

To provide opportunities within lesson times to be active.	<ul style="list-style-type: none"> <li>-To involve SLT/ PE Co-ordinator to encourage and provide or purchase materials to use</li> <li>-Teachers to implement these strategies within lessons</li> </ul>	<ul style="list-style-type: none"> <li>-Children will be more active around the classroom within lessons</li> <li>-They will undertake at least 2 active starters for the core subjects of English and Maths per week and one active starter for another subject</li> </ul>	<ul style="list-style-type: none"> <li>-PE Co-ordinator needs time to show and promote various strategies used in lessons</li> </ul>	<ul style="list-style-type: none"> <li>-Dependent on whether any resources may need to be purchased</li> </ul>	<p>All teachers are aware of the need for regular movement breaks and the need for children to be active.</p> <p>Resources have been limited due to covid-19 and the limited number of items the children can touch. These limitations have now gone and teachers need to reintroduce active parts of the lessons.</p>
To make play times more active.	<ul style="list-style-type: none"> <li>-To involve PE Co-ordinator and lunch time staff</li> <li>-PE coordinator to do a stock Equipment to be sorted specifically for use at lunch times</li> </ul>	<ul style="list-style-type: none"> <li>-Children will choose to play with equipment</li> <li>-They will use equipment in a way that means they increase their heartrate and work on their ability to use team work</li> </ul>	<ul style="list-style-type: none"> <li>-A variety of equipment purchased and used specifically for the playground – different types taken out on different days or</li> </ul>	<ul style="list-style-type: none"> <li>-Equipment may be purchased</li> <li>-Friday lunch time coach for cross country/</li> </ul>	<p>Lunch time club is being used by over 10 % of the school, this also gives us a free PE lesson on Friday pm for staff CPD.</p> <p>New gym equipment was installed on the field adjacent to the small</p>

	<p>-Lunch time staff to organise themselves so that small playground can be open with equipment on it in winter and in summer that more equipment is on offer</p> <p>- Think about lunch time coaches. Would this work?</p> <p>-Think about implementing House Captains and how this could be used to promote activity in lunch times</p> <p>-Each year group to have a football-free arena break time each week to promote the use of different sports</p>		<p>week rotations to provide the opportunities for new activities to be invented and played</p> <p>- looking at installing more equipment for building upper body strength and hand grip adjacent to the playground.</p>	<p>Cricket sessions.</p>	<p>playground – every class gets one lunch and one break session each week on this. It has proved to be very popular.</p> <p>Arena times still appear to be popular and each class has one break and lunch session per week in the arena and one break and lunch session on the play equipment.</p> <p>Limited amount of equipment children can use at lunch and breaktimes due to covid-19 has resulted in them not having extra equipment at break or lunch times.</p> <p>Going forward we need to consider play leaders at lunch time.</p>
<p>To encourage active journey's to and from school.</p>	<p>-SLT and PE Co-ordinator and all staff members to encourage this</p> <p>-Bikeability will be offered to Year 5 and 6</p> <p>-Living Streets TravelTracker will be purchased and used to promote this</p> <p>-New bike and scooter stands will be installed</p>	<p>-More children will make an effort to walk, ride or scoot to school</p> <p>-The bike and scooter stands will be used more frequently</p>	<p>-To purchase the items</p> <p>-An assembly on introducing TravelTracker</p> <p>-Ipad's available in classrooms with the app to record results</p>	<p>-Purchase of membership to the Living Streets Travel Tracker website</p> <p>-Purchase of scooter/bike stands</p>	<p>Bike and scooter stands remain popular, particularly when the weather is good.</p> <p>No further work on travel methods have been carried out due to covid-19.</p>

**Key indicator 2:** The profile of PESSPA being raised across the school as a tool for whole school improvement

<p>To improve recording of assessment data for PE</p>	<ul style="list-style-type: none"> <li>-To involve DHT and PE Co-ordinator</li> <li>-To discuss with staff how to complete assessment forms which are now the same as all other foundation subject assessment grids</li> <li>-To discuss with staff the frequency and expectations of what passing certain skills look like</li> <li>-To monitor the assessment sheets for PE and check they are being filled out correctly</li> <li>-SEN children with areas of weakness within their gross motor skills to use an assessment system within their interventions to target these and therefore support them in accessing in PE lessons</li> </ul>	<ul style="list-style-type: none"> <li>-Assessment sheets will be used well throughout the year and where skills overlap areas you can see some progression</li> <li>-Teachers will be able to see any gaps from previous years based on skills that may need to be developed with their classes and target lessons to work on these</li> </ul>	<p>-PE Co-ordinator time to manage this</p>	<p>-PE Co-ordinator admin time</p>	<p>Real PE has been invested in again with the purchase of their 'Jasmine' platform which allows teachers to track progress in PE. Staff training carried out in the summer term by Real PE.</p> <p>Staff will need to be reminded in September about this.</p>
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<p>An increased whole school focus on living and maintaining a healthy active lifestyle.</p>	<ul style="list-style-type: none"> <li>-To encourage the sports committee to share their ideas within meetings to impact levels of activity during break and lunch times</li> <li>-To support mental health and wellbeing for all pupils, specifically those with SEN or SEMH.</li> <li>-To teach about healthy food choices and healthy active choices out of school</li> </ul>	<ul style="list-style-type: none"> <li>-Assemblies on a healthy active lifestyle</li> <li>-Children will be able to talk confidently about food choices and activity choices which will benefit them</li> </ul>	<ul style="list-style-type: none"> <li>-Time for promotion of lifestyles</li> </ul>	<ul style="list-style-type: none"> <li>-Equipment</li> <li>-Time for PE Co-ordinator</li> </ul>	<p>Covid-19 has meant children have eaten in class. This has meant that they have had to sit and slow down their lunch breaks.</p> <p>Year 3 continue to teach healthy living in the summer term.</p>
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**Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport**

<p>To provide opportunities for all staff to develop their knowledge</p>	<ul style="list-style-type: none"> <li>-Share resources from Youth Sport Trust with staff when available</li> <li>-To remind staff to look at videos for PE skills on Real PE and to read the PE Hub plans carefully and to ask PE Co-ordinator if they are unsure of how to teach</li> <li>-PE Co-ordinator to look for courses and send relevant staff on them if needed</li> <li>-PE co-ordinator to work with TA's to best advice how to support within lessons</li> </ul>	<ul style="list-style-type: none"> <li>-Staff will feel more confident in the areas of sport they are teaching</li> <li>-Staff will be observed at least once a year by PE Co-ordinator to monitor best practise and share with all staff</li> </ul>	<ul style="list-style-type: none"> <li>-Time for PE Co-ordinator to observe and find course for staff professional development</li> </ul>	<ul style="list-style-type: none"> <li>-Cover for PE Co-ordinator</li> <li>-Cost of courses</li> </ul>	<p>2x Real PE courses and whole school twilight training took place.</p> <p>Training on Real Gym booked for September.</p> <p>No observations took place due to Covid-19.</p>
<p>To improve the knowledge of all members of staff in regards to supporting swimming</p>	<ul style="list-style-type: none"> <li>-PE Co-ordinator and SLT to send staff on relevant courses</li> </ul>	<ul style="list-style-type: none"> <li>-More staff trained to support swimming lessons</li> </ul>	<ul style="list-style-type: none"> <li>-Time to find courses and cover for those on courses</li> </ul>	<ul style="list-style-type: none"> <li>-Cost of courses</li> <li>-Cost of cover if needed for members of staff</li> </ul>	<p>Covid-19</p>

<p>To improve the knowledge and effectiveness of PE co-ordinator</p>	<ul style="list-style-type: none"> <li>-PE co-ordinator will have a day or equivalent of this out of class each half term to work on improving PE</li> <li>-Additional time will be given nearer larger sporting events</li> <li>-To review equipment and sustainability of purchases</li> <li>-To review the curriculum and sports provided</li> <li>-PE co-ordinator to work with SENCo to develop or adapt interventions which will aid our children with SEN to contribute more within PE lessons alongside their peers</li> </ul>	<ul style="list-style-type: none"> <li>-Curriculum map will offer opportunities will children to show progression but also experience new sports</li> <li>-Assessment sheets will be monitored termly</li> <li>-Observations of staff to happen at least once per year</li> </ul>	<ul style="list-style-type: none"> <li>-PE co-ordinator needs time – a day out of class once per half term</li> <li>-PE co-ordinator and SENCo to work together</li> </ul>	<ul style="list-style-type: none"> <li>-Supply costs of covering the PE co-ordinator</li> </ul>	<p>Covid-19</p>
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**Key indicator 4:** Broader experience of a range of sports and activities offered to all pupils

<p>To encourage a range of sports and activities offered in curriculum time</p>	<ul style="list-style-type: none"> <li>-To involve SLT and PE co-ordinator</li> <li>-Throughout the curriculum, all children will cover a broad range of skills and activities</li> <li>-Within the larger skill set, they will play a variety of different sports</li> </ul>	<ul style="list-style-type: none"> <li>-Children will have knowledge about a wider variety of sports when they leave year 6</li> <li>-Children will be able to use vocabulary and rules from this sports within lessons</li> </ul>	<ul style="list-style-type: none"> <li>-PE Co-ordinator time to work on curriculum map</li> <li>-PE hub to provide progressive planning</li> <li>-CPD for staff if needed</li> </ul>	<ul style="list-style-type: none"> <li>- PE co-ordinator time</li> <li>-CPD for staff</li> <li>-PE Hub membership</li> </ul>	<p>Covid-19</p>
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<p>To encourage a range of physical extra-curricular activities</p>	<ul style="list-style-type: none"> <li>-To involve PE co-ordinator and all staff</li> <li>-Encourage staff to sign up for clubs that are active or to make their club as active as possible</li> <li>-Subsidise Game On sports coaching and try to offer at least 2 different sports from this</li> <li>-Encourage dance club run by external coach</li> </ul>	<ul style="list-style-type: none"> <li>-A variety of clubs on offer</li> <li>-Increased participation of children in clubs</li> <li>-Increased level of children participating in competitions or sports outside of school</li> </ul>	<ul style="list-style-type: none"> <li>-Pupil conferencing to find out what clubs they would want and what they enjoy</li> <li>-Time for PE co-ordinator to do this</li> </ul>	<p>Game on subsidy for all clubs</p>	<p>Limited offer due to Covid-19</p> <p>Game on teaching cricket/cross country to upper and lower school on separate days. Also whole school cross country on a Friday lunch time and a CPD lesson on Friday pm.</p>
<p>To purchase and make use of a variety of equipment to provide an inclusive and effective PE curriculum.</p>	<ul style="list-style-type: none"> <li>-To involve PE co-ordinator</li> <li>-To make good use of resources and equipment – PE co-ordinator to make staff aware of equipment and how best to use it</li> <li>-Inventory of equipment to be taken and regularly updated</li> <li>-PE coordinator to spend time with staff on how to adapt and use equipment to be inclusive for all pupils</li> </ul>	<ul style="list-style-type: none"> <li>-Staff will know what is safe and unsafe in regards to equipment</li> <li>-Staff will know what equipment is available and how lessons and equipment can be adapted for all pupils.</li> </ul>	<ul style="list-style-type: none"> <li>-New equipment to replace any equipment that is outdated or damaged.</li> <li>-New equipment for updated curriculum demand and to help provide inclusivity within lessons</li> </ul>		<p>New gym installed</p>

**Key indicator 5:** Increased participation in competitive sport

<p>A curriculum that allows for intra-school competitions which are evidenced and monitored</p>	<ul style="list-style-type: none"> <li>-To involve PE Co-ordinator and SLT</li> <li>-End of unit, each year group to hold PE as a year group and compete with other class teams within the sport they have been learning</li> </ul>	<ul style="list-style-type: none"> <li>-Each class will compete against the other in their year group at the end of each half term</li> <li>-Children will be able to talk about their experiences and be more aware of sportsmanship within a competitive environment</li> </ul>	<ul style="list-style-type: none"> <li>-Time within the daily school timetable to enable year groups to compete and space to do so</li> </ul>	<ul style="list-style-type: none"> <li>-Adequate equipment for year group</li> </ul>	<p>Covid-19</p>
<p>A school timetable that will allow competitive sports to be played during lunch or whole school days</p>	<ul style="list-style-type: none"> <li>-To involve all staff and potentially sports leaders/house sport captains</li> </ul>	<ul style="list-style-type: none"> <li>-To organise dates for termly events in the school calendar</li> <li>-There may be house tournaments at lunch times</li> </ul>	<ul style="list-style-type: none"> <li>-Time for organisation if it was to happen during a lunchtime</li> </ul>	<ul style="list-style-type: none"> <li>-Time for PE co-ordinator</li> <li>-Adequate equipment</li> </ul>	<p>Covid-19</p>
<p>Clubs which are extra-curricular that promote competitive sport with other schools</p>	<ul style="list-style-type: none"> <li>-To involve SLT, PE co-ordinator and sports coaches</li> <li>-Join Aylesbury Athletic Association and Aylesbury football league</li> </ul>	<ul style="list-style-type: none"> <li>-Children will be competing in a variety of sports:</li> <li>-Football</li> <li>-Basketball</li> <li>-Cross country</li> <li>-Athletics</li> </ul>	<ul style="list-style-type: none"> <li>Time for arranging of matches</li> </ul>	<ul style="list-style-type: none"> <li>-Cost of joining the Aylesbury Athletic Association and Aylesbury football league</li> </ul>	<p>Covid-19</p>