



1. Commitment

St Edward's undertakes to refer to this play policy in all decisions that affect children's play. St Edward's is committed to providing the strategic and operational leadership needed to provide and maintain quality play provision for all of our children.

2. Rationale

St Edward's believes that all children need opportunities to play that allow them to explore, manipulate, experience and affect their environment. We believe play provision should be welcoming and accessible to every child, irrespective of gender, sexual orientation, economic or social circumstances, ethnic or cultural background or origin, or individual abilities. At St Edward's, we know that we can do all things through Christ who strengthens us. Catholic Social Teaching principles remind us about solidarity and the common good, we should think about what is good, not just for ourselves but for others also. By increasing opportunities for play, we are ensuring greater access for all pupils and allowing them to benefit in many ways including those outlined in the following government link,

niddirect.gov.uk

Our recent OFSTED inspection (January 2025) reported that 'Social times are joyful. Pupils play well together and appreciate the engaging activities that adults provide for them. This includes the 'playground library', which is run by the reading ambassadors.' We believe, with this strong foundation, children will continue to find joy in their play times.

The OPAL Primary Programme rationale is that *"... better, more active and creative playtimes can mean happier and healthier children, and having happier, healthier, more active children usually results in a more positive attitude to learning in school, with more effective classroom lessons, less staff time spent resolving unnecessary behavioural problems, fewer playtime accidents, happier staff and a healthier attitude to life."*

3. Definition and value of play

Play is defined as a process that is intrinsically motivated, directed by the child and freely chosen by the child. Play has its own value and provides its own purpose. It may or may not involve equipment or other people.

We believe play has many benefits, including:

- Play is critical to children's health and wellbeing, and essential for their physical, emotional, social, spiritual and intellectual development.
- Play enables children to explore the physical and social environment, as well as different concepts and ideas.
- Play enhances children's self-esteem and their understanding of others through freely chosen social interactions, within peer groups, with individuals, and within groups of different ages, abilities, interests, genders, ethnicities and cultures.



- Play requires ongoing communication and negotiation skills, enabling children to develop a balance between their right to act freely and their responsibilities to others.
- Play enables children to experience a wide range of emotions and develop their ability to cope with these, including sadness and happiness, rejection and acceptance, frustration and achievement, boredom and fascination, fear and confidence.
- Play encourages self-confidence and the ability to make choices, problem solve and to be creative.
- Play maintains children's openness to learning, develops their capabilities and allows them to push the boundaries of what they can achieve.
- Active play helps develop fundamental motor skills, improves physical fitness, and promotes overall well-being.

4. Aims

In relation to play St Edward's aims to:

- Ensure play settings provide a varied, challenging and stimulating environment.
- Allow children to take risks and use a common-sense approach to the management of these risks and their benefits.
- Provide opportunities for children to develop their relationships with each other.
- Enable children to develop respect for their surroundings and each other.
- Aid children's physical, emotional, social, spiritual and intellectual development.
- Provide a range of environments that will encourage children to explore and play imaginatively.
- Provide a range of environments that will support children's learning across the curriculum and learning about the world around them.
- Promote independence and teamwork within children.
- Build emotional and physical resilience.
- Respect the dignity of the human person, we are all unique and special in God's eyes.

5. Rights

St Edward's recognises the UN Convention on the Rights of the Child, which includes *the right to play, recreation and leisure* (Article 31) and the *right of children to be listened to on matters important to them* (Article 12). We acknowledge that we have a duty to take these rights seriously and listen to children's views on their play. St Edward's values of respect, responsibility and keeping ourselves and each other safe are witnessed through children's play.

6. Benefit and risk

'Play is great for children's wellbeing and development. When planning and providing play opportunities, the goal is not to eliminate risk, but to weigh up the risks and benefits. No child will learn about risk if they are wrapped in cotton wool.'

Managing Risk in Play Provision: An Implementation Guide (Play Safety Forum, 2012)

St Edward's will use the Health and Safety Executive guidance document *Children's Play and Leisure – Promoting a Balanced Approach* (September 2012) as the principal value statement informing its approach to managing risk in play. In doing so, St Edward's will adopt a risk-benefit approach as detailed in *Managing Risk in Play Provision: An Implementation Guide* (Play Safety Forum, 2012).

Risk-taking is an essential feature of play provision and of all environments in which children legitimately spend time at play. Play provision aims to offer children the chance to encounter acceptable risks as part of a stimulating, challenging and managed play environment. As outlined in the play sector publication 'Best Play', play provision should aim to '*manage the balance between the need to offer risk and the need to keep children and young people safe from harm*'.

In addition to standard risk-benefit assessments St Edward's will practice dynamic risk management with children, encouraging them to identify and manage risks in an environment where adults are present to support them.

[Appendix 1 4.6 HSE Managing Risk Statement](#)

[Appendix 2 pupil voice \(dated\)](#)

7. Supervision

The law requires that children in school have supervision but for primary school playtimes there are no stated ratios. During the school day there should be one or more adults present outdoors. St Edward's recognises OPAL's three models of supervision: Direct, Remote and Ranging. Except for new children to the school, whose skills and orientation in the school environment need to be assessed, St Edward's does not believe direct supervision is possible or beneficial. Supervisors will use ranging and remote supervision models, so that children can quickly find an adult and adults can patrol large sites to gain an awareness of the kinds of play and levels of risk likely to be emerging. On days that are deemed as too wet for outdoor play, usual staffing provision will be in place.

[Appendix 3 Proposed guidelines for supervision](#)

8. The adult's role in play

St Edward's will help children maximise the benefits they can gain from play by the provision of trained staff who are informed by and work in accordance with the Playwork Principles. Staff will use and refer to these principles when appropriate interventions are needed, and ultimately will strive for facilitating an environment that nurtures children's self-directed play.

The playworker's core function is to create an environment that will stimulate children's play and maximise their opportunities for a wide range of play experiences. A skilled and experienced playworker is capable of enriching the child's play experience both in terms of the design and resources of the physical environment and in terms of the attitudes and culture fostered within the play setting. Playworkers are a channel of access to new materials and tools and they can act as a stimulus to children to explore and learn. They are also available to participate in the play if invited.

[Appendix 4 Playwork Principles.](#)

9. Equality and diversity

Through providing a rich play offer meeting every child's needs we will ensure all children, regardless of age, gender, race, disability or other special needs, can develop and thrive, build strong relationships and enjoy school. At St Edward's we are all family and community, together we are stronger. We are all unique and should treat everyone with dignity and love (dignity of the human person).

10. Environment

We believe that a rich play setting should ensure that all children have access to stimulating environments that are free from unacceptable or unnecessary risks and thereby offer children the opportunity to explore for themselves through their freely chosen play.

We will strive to continually improve the quality and diversity of St Edward's grounds to enhance play. We will use the document 'Best Play' to guide us on what a quality play environment should contain. www.freeplaynetwork.org.uk/pubs/bestplay.pdf

A key foundation for caring for the environment, stewardship of God's creation, is developed through the love and enjoyment of the outdoors. Rich play setting supports safeguarding, helps children develop confidence in team building and advocating for their own rights and increases children's social and emotional capabilities.



APPENDIX 2

Play: pupil voice

Pupil Ministers May 2025

What makes play 'play'? *friends, fun, suspense, music brings us together, new equipment*

What definition would you give for play? *experience free time, happy, no work. Safe, fun, happy.*

Break from the norm - meet new people

What are the benefits of playing? *time away from work, fresh/refresh your mind friends or time on your own exercise freedom wild imagination*

How do you feel about play time (including lunch break) in school? *outside fun running, inside no running*